



Get to Know Ian Hallows, DO

*An inside look into Ian Hallows, DO,
family medicine physician with Asante
Physician Partners in Grants Pass.*



Community lives here.

What made you choose medicine?

I was fascinated with the musculoskeletal system and how the body changes. I want to help people learn how to help their body change for the better, and to keep people active and moving.

What is your greatest strength?

I feel my best strength in family medicine and sports medicine is listening—the ability to really hear what my patient needs to say and moving forward from there.

Why did you choose to practice in the Rogue Valley?

I moved to the Grants Pass area in 1998 and went to Hidden Valley High School. After attending the University of Oregon, my studies in medicine took me all over the United States. I knew Oregon was home and I wanted to come back and invest in the community that helped me establish my roots in medicine.

What are your interests outside of patient care?

I like to spend time working with my hands. I like to be active and doing things like woodworking, cooking, painting and building things outdoors.

At the end of the day, what makes you say, “Today was a good day?”

A good day is when I’ve helped my patients understand exactly what’s happening to their body, calming their fears and working together to decide on a solution.

What is important to you when building a patient relationship?

I want my patients to know I’m more than just their doctor; I’m an advocate for them as well. My job isn’t just to explain what’s going on with their medical issues, but to assure that I can help them overcome hurdles to better health.

What can a patient expect from you when caring for them?

As a DO, or doctor of osteopathy, I look at the mind and body as a connection, a unit, in which structure dictates function. I provide a biomechanical analysis of how the patient moves and how this affects their body. Often my treatment involves manipulating the body biomechanically to set it back to where it needs to be, and help people move and feel better.

Do you have a certain philosophy or motto?

My motto is to lead with integrity, and that exercise is in fact medicine. What is something we’d be surprised to know about you? I’m into home brewing enology, which is the science and study of making beer and wine.

Now accepting new patients.

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